

Supplemental Application

Name: _____ Date: _____

The MA in Transpersonal Counseling Psychology is a professional training program designed to prepare its graduates to work in the fields of counseling and psychotherapy. It is considered highly desirable (but not a requirement) that students enter the program with some prior experience related to the process of psychotherapy, either as a client of psychotherapy or as a professional or volunteer in a mental health setting.

The program is challenging mentally and emotionally because of the experiential and contemplative nature of the course work. In particular, the clinical training and meditation courses evoke much personal material. These experiences can be emotionally intense; nevertheless, students must be emotionally and intellectually present during class and complete the required course work. Although support is offered through the required personal psychotherapy, successful students are emotionally mature.

In order to help the department assess your suitability to commence with this training, please answer the following questions and submit this with your completed Naropa University application for graduate admission. Each response may be up to one page in length. These questions may also be useful tools for self-evaluation and introspection, which will be part of the interview process.

1. a) Describe your background with counseling and/or psychotherapy, as a professional or volunteer in a mental health or comparable setting.
b) Describe what you have learned about yourself through working with others.
2. As discussed above, this is a very rigorous program. a) Describe how you have engaged in working with your own personal process and what you have learned about yourself through working with others. b) How have these experiences prepared you for completing the Transpersonal Counseling Psychology program and entering the psychotherapy profession?
3. The program's contemplative component is integral to the training. The department feels that a basic meditation practice is essential for training therapeutic attention; therefore, the program requires four semesters of meditation course work and a twenty-minute per day sitting practice. How do you feel about being required to meditate? What aspects of meditation do you see as being challenging for you?

Supplemental Prerequisite Form

Name: _____
 (Last) (First)

Date: _____

All prerequisite course work must be complete by the start of the program.

The following titles are acceptable substitutes for the prerequisites:

- Abnormal Psychology:** Psychopathology
Abnormal Behavior
- Developmental Psychology:** Life Span Development
Child Development
Child Psychology
- Theories of Personality:** Methods of Psychotherapy
Psychology of Personality
Introduction to Personality
History and Systems of Psychology

- Please indicate where and when you have either completed, or plan to complete, prerequisites prior to the start of the program in August.
- Proposed equivalent course work, titled differently than those listed above, must be supported by a syllabus or a sealed letter from the instructor verifying course content. Please attach or send this documentation under separate cover and indicate the course title below.

Applications will not be reviewed until all of the information requested is submitted and approved.

<i>Course Title</i>	<i>School Name</i>	<i>Date Completed/ To Be Completed</i>	<i>In Progress? (Y/N)</i>
Abnormal Psychology _____			
Developmental Psychology _____			
Theories of Personality _____			